



FOR IMMEDIATE RELEASE

Contact: Tracey Dry
(817) 514-5203
communications@usmdinc.com

USMD Surgeon Becomes First in D/FW to Perform Single-Site Hysterectomy

Dr. Dickey Performs Single Incision Gynecologic Surgery Using Robotic Technology

ARLINGTON, Texas – (May 9, 2013) - A surgical team at [USMD Hospital at Arlington](#) performed the first [da Vinci® Single-Site™ hysterectomy](#) in North Texas. The entire operation is performed through one tiny incision in the belly button, making the procedure virtually scar-less.

Recently approved by the FDA, this revolutionary surgery offers the traditional benefits of robotic surgery such as a shorter recovery time, low blood loss, minimal pain, a short hospital stay and high patient satisfaction. The surgery can be performed in about one hour with a typical hospital stay of less than 24 hours.

Led by [Russell Dickey, M.D.](#), the [team](#) performed the hysterectomy using Single-Site™ instruments on a da Vinci® System. Dr. Dickey is one of a small group of surgeons in the entire country who has received training to perform the surgery. The minimally invasive procedure is traditionally performed laparoscopically or robotically using multiple incisions, or by one large incision in an open surgery. Using robotic assistance, Dr. Dickey performed the procedure through an incision of approximately one inch.

“Neither robotic surgery nor single-incision surgery is new, but combining the two to remove the uterus is a significant advancement in how surgeries will be performed in the future and the role of robotic technology in the operating room,” said Dr. Dickey. “I am honored to be the first physician in North Texas, and one of the first in the nation, to perform a robotic single-site hysterectomy. Most importantly, I am excited to be able to offer our patients a less invasive and more cosmetic option for robotic surgery.”

During the procedure, the surgeon sits comfortably at a console, [viewing a 3-D, high-definition image of the patient’s anatomy](#). The surgeon uses controls below the viewer to move the instrument’s arms and camera. In real-time, the system translates the surgeon’s hand, wrist and finger movements into more precise movements of the miniaturized instruments inside the patient.

--more--

“To be one of the first hospitals to offer this technically advanced surgery demonstrates USMD’s leadership in providing our patients with the most advanced, minimally invasive surgical options,” said John M. House, M.D., Chairman and CEO of USMD. “We are truly excited to be a leader today in the surgical treatment of tomorrow.”

About USMD Hospital at Arlington

[USMD Hospital at Arlington](#), located at 801 West Interstate 20 in Arlington, Texas, is a physician-owned, community hospital. Its robotic team has performed more robotic surgeries than any other group in North Texas, and focuses on urological, gynecological, bariatric, and colon and rectal surgery. In addition, the hospital’s medical staff also includes specialists in general surgery, gynecology, neurosurgery, oncology, orthopedic surgery, podiatry and urology. To learn more about USMD Hospital at Arlington and the services it offers, visit www.usmdarlington.com.

USMD Hospital at Arlington is owned, in part, and managed by [USMD](#), a publicly held ([NASDAQ: USMD](#)), physician-led integrated healthcare system committed to exemplary patient care. Headquartered in Irving, Texas, USMD Holdings serves the Dallas-Fort Worth metropolitan area with 240 physicians and associate practitioners, and provides healthcare services to patients across 18 different specialties at its hospitals, cancer treatment centers and physician clinics. For more information about USMD, visit www.usmd.com.

###